

# Take Me To The River...

A SERIES OF ARTWALKS IN TAUNTON - JUN-JUL 2017



WALK #

# 1. START WHERE YOU ARE PLANTED

*Get everyone to stop what they are doing, close their eyes.*

*Have everyone take a deep breath in, then say...*

STOP, BREATHE, LISTEN

LEAVE THE EVERYDAY BEHIND...

and everyone then take two more breaths in and out & smile  
open your eyes

# 2. Our Adventure - The Rules

A Guide to Walking Sideways? That just means it's not an everyday walk, it's slightly different. We're going to take an ArtWalk together and take some photos along the way, and here are a few rules.

1. **Enjoy** + have FUN! pretend you are 7 and do it in that spirit
2. **Respect** - the places we go, each other & our time
3. **Trust** + judgement free, *it's an ArtWalk, but you don't have to be an 'artist'* - we're using mobile phone cameras and simply walking. This is about the process, not the end result, so no one cares if you make a masterpiece or a mess - it's all the same to me - it's yours!
4. **Creativity** - But we can all try a different approach and learn from each other - so, try something new, experiment - take a Creative Risk today!
5. and No Alibis... (*no one comes back moaning or complaining or blaming someone else for the fact they didn't get the shot they wanted or didn't do the thing they wanted or 100 other potential things*). No excuses - it's down to all of you - make sure you speak up or say what you need help with.

*even if they already know each other, still do these intros - take it in turns - you go first...*

# 3. Introductions

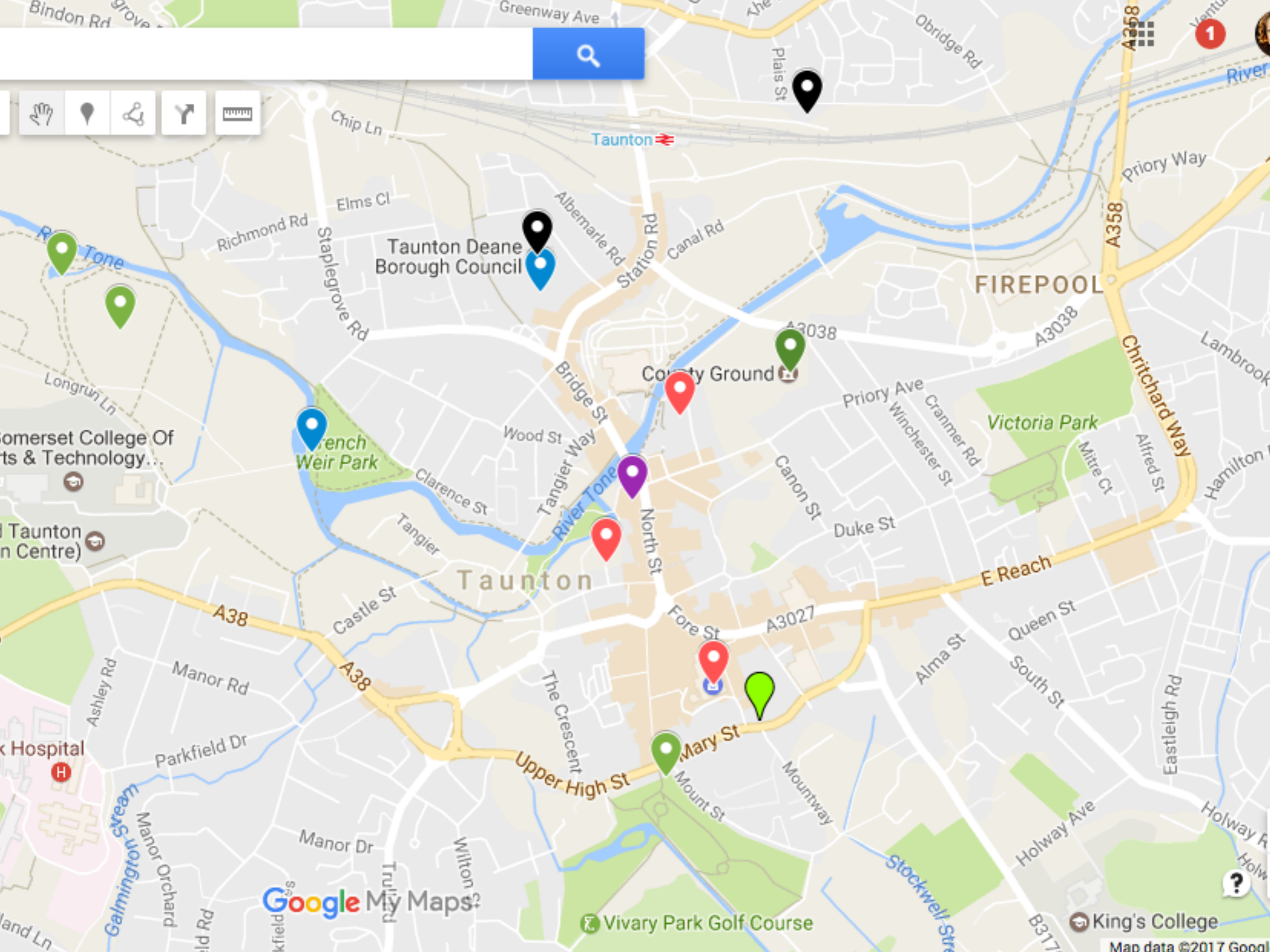
*write their answers here*

**1. Hi, my name is  
xxxx and my  
favourite space in  
Taunton is...**

**2. If I were  
something wet (or  
green, you  
choose), I'd be a...**

*you could try to see through this thing's eyes for a photo or two*

**3. And I'm here to...  
read out the thing  
you wrote down**



Search bar with magnifying glass icon



Taunton Deane Borough Council

County Ground

Weir Park

Victoria Park

Taunton

FIREPOOL

Vivary Park Golf Course

King's College

Google My Maps

Map data ©2017 Google

# 5. Map a Route

*list favourite places*

- *On the map on previous page*  
*-Ask each person to pin or mark or put a sticker on their favourite place they've chosen*
- Ask - do we have time to walk to them and back?
- Can you link them / any of them to make a route?
- Decide as a group which place or places you should go (if you can't decide, roll a dice, toss a coin or put names in a hat and pick one).
- Mark the route and take a picture of it on your phone
- Or bring the map! (draw on it, make comments etc)

# 6. Start Walking

We're going to walk in pairs and we're going to tune in first so that we can pay attention to special things as we walk... everyone is going to take a photograph through someone else's eyes and hopefully see things slightly differently... at the end of the walk I want at least one photo from each person. *(collect them all at the end via email/dropbox/google drive/phone).*

*Say, "If you don't have a camera, ask me when you see something that needs photographing and I will take it on my camera.*

So, what shall we pay attention to as we walk? "

Here're some examples: *(either the facilitator can choose one of these focus words or decide together as a group)*

- A colour - e.g. 'Blue' - all and every shade, just tune into blue
- Twos - anything that there is two of, pairs, side-by-side, reflections, couples, etc.
- 'Garden' - we just made a list of garden-like things - try to spot them on the walk

# 7. Walking -Director & Photographer

As we walk, we'll be working in pairs. Decide which one of you will be the Director. The other will be the Photographer. Walk along together, paying attention... tuning in... we don't want everyone going click, click, click.. all we need at the end of the walk is one photo from each person, so only take a photo when it feels right.

When you see something that appeals to you or catches your eye that suits your word or words or theme -Blue' or '2' or 'Garden', then just stop and let your partner know. It can be anything - small, large, detailed, plain... from a bit of litter to the arc of a bridge, whatever you are drawn to.

Don't take your photo yourself - Get your partner to take the photo for you - you'll have to tell them exactly what you want. Describe it in as much detail as possible and tell them what aspects of it you find interesting. This will help them take the shot and capture what you like about what you've noticed. Experiment with different viewpoints - up high, right down low, far away, up close... explore the possibilities. You only need one photo each,

Once you've got a photo, swap over who's photographer and who's director. Keep walking....

At the end we'll collect your photos and forward them to Michelle, Taunton artist-in-residence. and she'll use them to help describe what's so special about Taunton's waterways and green spaces.

*Either choose pairs, let them choose or put names in a hat and draw out pairs.*

*Remind them periodically during the walk to remember to tune in and take a photo (many people just get lost in conversation as they walk). Walk in silence for part of the walk if necessary.*



# 8. Reach 1st Destination - group chat

*do this as a quick and hopefully lively group discussion - just ask questions out loud and write their answers on paper or post-it notes. Help them all join in - please take a photo of each set of answers at the end. If there's not time to stop, just ask these questions along the way while you're all walking*

1. What's so special about this place?
2. What words describe it or the feeling it gives you best?
3. Taunton is now a special 'Garden Town' - what does that mean to you?
4. What's in your garden (or your imaginary garden)? list all the things that spring to mind - and what else would you like in your garden?

*now keep walking*

# 9. Subsequent Destinations - group chat

*write their answers here*

1. What's so special about this place?
2. What words describe it or the feeling it gives you best?

*now keep walking*

# 7. End Of Walk - Reflections Together

## STOP - PAUSE - LAUGH!!

*write their answers here*

1. Describe one of the highlights or best bits of the walk for you.
2. Anything unusual or that you didn't expect?
3. Describe the most challenging moment for you today.  
What was good about it?
4. If we did the walk again, where would you like to go?

# 8. Collate Photos

Please collect all their photos - at least one each or help them send to me individually but ideally do this before they leave. And add any extra photos of notes or scribbles or anything else you'd like me to see.

Either;

1. send them via [www.wetransfer.com](http://www.wetransfer.com) to Michelle [mixxpix@gmail.com](mailto:mixxpix@gmail.com) - please keep them as large files - don't send as email directly, they'll get compressed.

Or 2. simply put them all in a dropbox (free at [dropbox.com](http://dropbox.com)) and share the folder with [mi@michellerumney.com](mailto:mi@michellerumney.com)

Please note any thoughts here as walk leader:

Many thanks!!! Michelle